

Breakfast

Fresh Fruit Cup - 3.50

Yogurt & Granola Parfait - 3.50

Assorted Fresh Baked Muffins – 1.75

Egg & Cheese Sandwich – 2.75

Choice of Bagel, Croissant, English Muffin, or Toast

Add Bacon, Sausage, or Ham \$.50 Add a Second Egg - .50

(Egg White Available at No Additional Charge)

Frittata – 6.25

Italian Omelette with Choice of: Cheese, Onions, Roasted Red Peppers, Tomatoes, Spinach, Mushrooms, & Sausage,
Bacon or Ham Served with Toast

Eggs Benedict – 7.50

Poached Eggs over an English Muffin with Black Forest Ham and Hollandaise

Vegetarian Version of Eggs Benedict – 7.50

Poached Eggs over Roasted Tomato Slice and Wilted Spinach on an English Muffin Topped with Hollandaise

Three Egg Omlette

Three Egg Omlette with Choice of Fillings Served with Toast - **6.25**

Two Eggs Your Way

Served with Toast and Choice of Ham, Sausage or Bacon - **4.50**

Breakfast Burrito

Two Eggs Scrambled with Bacon, Peppers, Onions, & Salsa - **4.75**

Assorted Bagels

Bagel with Butter or Preserves - 1.50 With Cream Cheese – 2.00

Add Tomato, Cucumber and Onion - .20 each – Smoked Salmon - 1.75

Beverages

Hot & Iced Coffee 1.17

Bottle Drinks 1.25 & UP

Fountain Sodas 1.50

Hot Chocolate 1.90 / 2.55

Fresh Brewed Ice Tea 1.17

Fresh Squeezed Lemonade 1.87

Fresh Lemonade/ Ice Tea 1.87

Herbal Tea 1.17

Mighty Leaf Tea 1.50

Milk – 2.00

Espresso 1.25 / 2.25

Cappuccino 2.25 / 3.45

Café au Lait 2.55 / \$2.99

Frozen Chai Latté 3.75

Frozen Mochachino 3.75

Piña Colada Smoothie 3.75

Moccachino 2.75 / 3.25

Vanilla Chai 2.75 / 3.25

Strawberry Smoothie 3.75

Strawberry-Banana Smoothie 3.75

Please make us aware of any allergies or food sensitivities you may have.

“Consumption of raw or undercooked foods may cause an increase of developing food born diseases.”

Always Homemade Soups

ALL SOUPS ARE MADE VEGETARIAN UNLESS SPECIFIED

Cup of Soup - 2.25

Bowl of Soup - 3.75

Bowl of Soup & Any Half Salad or Half Sandwich - 6.50

(.50 Additional for Gourmet Sandwiches and Premium Salads)

Bowl of Soup with Grilled Cheese - 5.99

Salads – Served with Fresh Baked Croissant

House Salad – 5.99

Mixed Greens, Tomatoes, Cucumbers, Red Onions, and Croutons

Greek Salad – 5.99

Iceberg, Tomatoes, Cucumbers, Red Onions, Olives, Feta and Greek Dressing

Chopped Blue Cheese – 5.99

Chopped Iceberg with Blue Cheese, Tomatoes,
Bacon and Blue Cheese Dressing

Caprese Salad – 5.99

Sliced Tomatoes, Basil, Aged Balsamic Vinegar, and Extra Virgin Olive Oil
with Choice of Blue, Mozzarella or Goat Cheese

The Caprese Plus Salad – 6.99

Our Original Caprese on a Bed of Spinach with Red Onions and Avocado

Vegan Salad – 6.25

Mixed Greens, Tomatoes, Red Onions, Cucumbers, Fresh Basil,
Roasted Red Peppers, Olives, Pickles, Jalapeños and Sun Flower Seeds

Classic Spinach Salad – 5.99

Spinach, Red Onions, Tomatoes, Hard Boiled Egg, Bacon, and Cheese

Spinach Apple Walnut Salad – 6.25

Spinach, Candied Walnuts, Apples, Raisins and Balsamic Vinaigrette

Avocado Goat Cheese – 6.50

Spinach, Tomatoes, Avocado, Goat Cheese and Balsamic Vinaigrette

Classic Caesar – 5.99

Romaine Lettuce, Croutons and Parmesan Cheese

Grilled Chicken BLT – 7.45

Chopped Iceberg with Tomatoes, Bacon, Cheese, and Chicken

Chicken Chef Salad OR Ham/Turkey Chef Salad – 7.45

Iceberg Lettuce with Tomatoes, Cucumbers, Hard Boiled Egg, Cheese
With Grilled Chicken OR All Natural Turkey and Black Forest Ham

Turkey OR Chicken Cobb Salad – 7.45

Iceberg, Tomatoes, Cucumbers, Bacon, Avocado, Egg, and Blue Cheese
with Grilled Chicken OR All Natural Turkey

Add: Chicken, Chicken Salad, Tuna Salad or Egg Salad \$1.50

Hummus \$.99 Shrimp \$2.50, Salmon \$ 2.99, Tuna Steak \$3.99

Quesadillas – Served with Salsa & Sour Cream
(Can be Served with Wheat or Gluten Free)

Cheese - 4.99 Chicken - 5.99
BBQ Chicken and Caramelized Onion – 6.25
Buffalo Chicken, Lettuce and Tomato – 6.25
Roasted Red Pepper, Caramelized Onion, and Mushroom - 5.75
Cheeseburger, Lettuce, Tomato – 6.50
Steak & Cheese - 6.50

Seafood Entrées

Each Served with Cucumber Salad and Choice of Side or Cup of Soup

Slightly Spicy Shrimp with Cajun Corn - 8.99
Seared Yellow Fin Tuna Steak with Wasabi Tossed Spinach – 8.50
Soy Ginger Salmon with a Dill Cream Tossed Mixed Greens – 7.50

Sides

Side Salad - 3.00 Potato Salad - 2.00
Cole Slaw - 2.00 Cucumber Salad - 2.00
Cajun Corn - 2.00 Steamed Veggies - 2.00
New Orleans Chips - 1.00 Assorted Cookies - .50

Sandwiches

Sandwiches Served with Apple, Chips, Potato Salad or Cole Slaw
Substitute a Cup of Any of Our Daily Soups for 1.00 Additional

Bread Choices: Sourdough, Dark Rye, Bulkie, Sub Roll, Croissant, White or Low Carb Wheat Wrap, Ciabatta, Foccacia, Multigrain, Wheat
Gluten Free Wrap Available

Build your own Sandwich Using Any of The Ingredients on Our Menu

Black Angus Burger - 5.99 Veggie Burger - 5.99
Grilled Chicken - 6.25 All Natural Turkey – 6.25
Black Forest Ham - 5.99 Roast Beef - 6.50
Pastrami - 6.50 All White Chicken Salad - 5.99
Egg Salad - 5.99 1 or 2 Grilled Cheese - 3.99 or 6.25
All White Tuna Salad – 6.25 Corned Beef - 6.25
Wild Alaskan Salmon - 6.99 Yellow Fin Tuna Steak - 8.25

Sandwiches Include Choice of:

Lettuce, Spinach, Tomato, Onion, Cucumber, Pickles, Olives, Jalapeños, Basil
Additional Toppings are Available for an Additional Charge

Cheeses

American, Muenster, Provolone, Swiss, Feta, Parmesan, Shreaded \$.50
Blue, Goat, Fresh Mozzarella \$1.00

Condiments & Dressings

Mayo, Light Mayo, Ketchup, Mustard, Dijon, Grain Mustard, BBQ, Buffalo, Salsa, Creamy Horseradish, Creamy Wasabi, Creamy Dill, Red Pepper Aioli, Light Ranch, Parmesan Peppercorn, Russian, Fat Free Honey Dijon, Balsamic, Blue Cheese, Greek, Light Italian, Caesar, Oil & Vinegar, Lemon Juice

Gourmet Sandwiches

Coleslaw over Turkey – 6.65

All Natural Turkey, Coleslaw, Muenster Cheese and Tomato

Meat Trio – 6.50

All Natural Turkey, Ham, & Bacon with Lettuce, Tomato and Mayo

Roast Beef and Horseradish – 6.99

Warm Roast Beef, Provolone, Caramelized Onion,
Lettuce and Tomato with a Creamy Horseradish Sauce

Black & Blue Burger – 6.65

Black Angus Burger, Blue Cheese, Caramelized Onion,
Lettuce, Tomato and Mayo

Mushroom Swiss Burger – 6.65

Black Angus Burger with Lettuce, Tomato, Onion, Grilled Mushroom & Swiss

Tomato Mozzarella – 6.50

Tomato, Fresh Basil and Mozzarella Cheese Laced with Olive Oil

Egg Salad Club – 6.25

Egg Salad, Sliced Bacon, Lettuce and Tomato

Avocado Goat Cheese – 6.50

Avocado, Goat Cheese, Tomato, Spinach and a Balsamic Glaze

Just Veggie – 5.50

Lettuce, Tomato, Onion, Cucumber, Roasted Red Pepper, Pickles and Avocado

Wild Alaskan Seared Salmon – 6.99

Seared Salmon with Lettuce, Tomato, Red Onion and Red Pepper Aioli

Grilled Yellow Fin Tuna Steak – 8.25

Tuna Steak with Roasted Red Peppers, Spinach and a Creamy Wasabi Sauce

Steak and Cheese – 6.50

Shaved Steak, Mayo and Provolone on a Sub Roll

Make it Loaded – Add Roasted Reds, Onions, and Mushrooms – 6.99

Philly Chicken – 5.99

Grilled Chicken, Mayo and Provolone on a Sub Roll

Make it Loaded – Add Roasted Reds, Onions, and Mushrooms - 6.65

Grilled Veggie – 5.99

Mushrooms, Roasted Red Peppers, Caramelized Onions Grilled
With Mayo and Provolone Cheese on a Sub Roll

BBQ Pulled Pork – 5.99

Slow Roasted Pork and Z Café BBQ Sauce on a Bulkie Roll

Reuben – Corned Beef, Pastrami, or Turkey - 6.50

Grilled Meat with Sauerkraut, Swiss and Russian Dressing, Panini Pressed

Classic BLT Served Toasted with Mayo - 5.50

Gourmet Paninis – Hot Pressed Sandwiches

Turkey Melt – 6.50

All Natural Turkey, American, Spinach, Tomato and Mayo

Chicken Salad Melt – 5.99

Chicken Salad, Bacon and Muenster

Greek Chicken Melt – 6.65

Grilled Chicken, Feta, Tomato and Pesto

Ham & Slaw Melt – 6.50

Ham, Swiss, Pickles, Cole Slaw and Grain Mustard

Veggie Reuben Melt – 5.99

Tomato, Pickles, Onion, Sauerkraut, Swiss, and Russian Dressing

Roasted Red Turkey Melt – 6.50

Turkey, Lettuce, Tomato, Onion, Swiss & Roasted Red Pepper Aioli

Pastrami Melt – 6.65

Pastrami, Red Onion, Swiss and Grain Mustard

Smoked Salmon Melt – 6.50

Lox, Cream Cheese, Tomato and Red Onion

Wasabi Tuna Melt – 6.50

All White Tuna Salad, American, Tomato, Red Onion and Creamy Wasabi

Italian Veggie Melt – 6.99

Fresh Mozzarella, Tomato, Caramelized Onion, Spinach,
Roasted Red Pepper and Pesto

Gourmet Wraps on White or Low Carb Wheat

Grilled Chicken or Turkey BLT – 6.50

Grilled Chicken OR Turkey with Bacon, Lettuce, Tomato and Mayo

Chicken Caesar – 5.75

Grilled Chicken, Romaine, Croutons, Parmesan and Caesar Dressing

Buffalo Chicken – 5.99

Buffalo Grilled Chicken, Romaine, Tomato and Blue Cheese Dressing

BBQ Chicken Salad & Slaw – 6.25

Chicken Salad with Lettuce, Cole Slaw and Z Café BBQ Sauce

Turkey Cobb – 7.25

Turkey, Bacon, Avocado, Lettuce, Tomato, and Blue Cheese Dressing

Hummus and Loaded Veggie – 5.99

Spinach, Tomato, Red Onion, Cucumber, Pickles,
Roasted Red Peppers and Hummus **(Add Chicken \$1.00)**

Greek Wrap – 5.99

Lettuce, Tomato, Cucumber, Red Onion, Olives,
Feta and Greek Salad Dressing **(Add Chicken \$1.00)**